

Karate American Elk Mound

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Jun 2010</p> <table border="1" style="font-size: small;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Aug 2010</p> <table border="1" style="font-size: small;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>				S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<i>1</i>	<i>2</i> Sparring Class	<i>3</i>
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<i>4</i> <i>Augusta Demo</i> 1:00pm <i>Parade 1:30pm</i>	<i>5</i> Open to Instructor Walkups	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i> Traditional Forms <i>C.F. Demo 7:00pm</i>	<i>10</i>																																																																																				
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<i>11</i>	<i>12</i> One Step Division	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i> Sparring Class	<i>17</i> Kids Karate Fest Phoenix Park																																																																																				
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<i>18</i>	<i>19</i> Beginner Belt Open to Instructor Inter. - Adv. Falls/Takedowns	<i>20</i>	<i>21</i> <i>Main Studio Demo Workout 6:30-7:30pm</i>	<i>22</i>	<i>23</i> Punch, Kicking & Combos	<i>24</i> WBBL Ho- Chunk																																																																																				
<i>25</i>	<i>26</i> Punch, Kicking & Combos	<i>27</i>	<i>28</i> <i>Main Studio Mandatory Leadership/ Instructor Meeting 6:30-7:30pm</i>	<i>29</i> <i>Main Studio Test Night! 6:30pm</i>	<i>30</i> one steps & self defense	<i>31</i>																																																																																				