

Karate American LLC Altoona

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00						TAE KWON DO (kids & adults)
11:00						Karate (kids & adults)
12:00		All Belt (Teen & Adult)		All Belt (sparring)	All Belt (Teen & Adult)	

Evening Schedule

KIDS 3 to 12 YEARS S TEEN / ADULT

4:00	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons
4:30	Little Dragons White-Gold S (4-6 yrs)	White Belts	Little Dragons White-Gold S (4-6 yrs)	White Belts Gold & Orange	White Belts Kids
4:30	Blue - Brown S Belts	Gold & Orange Belts	Blue - Brown S Belts	Sparring Kids Gold & Higher Belts & Little Dragons	Gold - Orange Green Belts Kids
5:10	Little Dragons Gold - Orange S (4-6 yrs)	Blue - Red Stripe	Little Dragons Gold - Orange S & Tiny Dragons	Blue - Blue Stripe	Sparring Kids White/Gold Belt Orange /Green Belt
5:10	Green - Purple Stripe Belts	Sparring Kids Gold & Higher Belts	Green - Purple Stripe	Red - Red Stripe	Bo Staff (BBC Members)
5:10	Adult Class (all belts)	Brown - Brown Stripe	Adult Class (all belts)	Sword Class (BBC Members)	All Belt Adult & Family Class
5:50	Little Dragons Orange - Up (4-6yrs)	Green Belts	Little Dragons Orange - Up (4-6yrs)	Green Belts	Purple - Blue S Belts Kids
5:50	White Belts	Purple Belts	White Belts Gold & Orange	Purple Belts	Red - Brown S Belts Kids
5:50	Gold & Orange Belts	Purple Stripe Belts	Nunchaku Class (BBC Members)	Purple Stripe Belts	JUDO/JUJITSU (SPECIALTY PROGRAM)
5:50	TAE KWON DO (kids program)	TAE KWON DO (adults program)	TAE KWON DO (kids program)	TAE KWON DO (adults program)	BLACK BELTS THROW CLASS (WITH MR. R. GAY)
6:30	* * * * Introductory Lessons * * * * * * * *				
6:30	Open Gym Judo Room main floor intros	Shorei-ryu Karate (specialty program)	Kids Black Belt Class 5:50-6:30	Shorei-ryu Karate (specialty program)	Specialty Seminars <i>Check calendar for Test Day!</i>
6:45	Kama Class (BBC Members)	JUDO KIDS & JR. BLACK BELTS	Eskrima (BBC Members)	Purple - Brown Stripe	
6:45	White - Brown Belts	White - Green Belts	All Belt Family Class	Black Belts	
7:30	XMA Class (BBC Members)	Purple-Brown S Belts	All Belt Ins. Sparring	White - Green Belts	
7:30	OPEN SPARRING	BLACK BELTS & JUDO/JUJITSU	XMA Class Gymnastics Center	OPEN GYM	
8:15	Studio Closed	AIKIDO CLASS (specialty program)	Studio Closed	AIKIDO CLASS (specialty program)	

STYLES & BELT RANKS

Freestyle Karate

White
Gold
Orange
Green
Purple
Purple Stripe
Blue
Blue Stripe
Red
Red Stripe
Brown
Brown Stripe
Black

Judo/Jujitsu

White
Yellow
Orange
Green
Brown
Brown Stripe
Brown Double S.
Black

Aikido Belts

White
Orange
Orange Adv.
Blue
Blue Adv.
Brown
Brown Adv.
Black

TKD Belts

White
Orange
Yellow
Green
Blue
Purple
Purple /Purple Trim
Brown
Brown Senior
Red
Red Senior
Black

Shorei-ryu Karate

White
Yellow
Green
Brown
Brown Stripe
Black

2228 N. Hillcrest Parkway - Altoona, Wisconsin 54720 (715) 832-6488

Info online at the KA website www.karate-american.com or email me at curtis.huff@karate-american.com

It is recommended that you attend class 3 times per week. All specialty classes and programs are separate from karate classes. The fitness room is included in all program prices and open to parents when your child is in class.

Please note: it is a requirement to order your gear from the main office to help your studio.

If you have any questions please call Mr. Huff at 715-832-6488.